

## **Courage**

### Sessions Overview

#### Session 1: Courage

Learning opportunities include:

- Critical Thinking
- Cultural Diversity
- Curiosity

#### Session 2: Humility

Learning opportunities include:

- Integrity
- Interpersonal Relationships
- Intrapersonal Relationships

#### Session 3: Kindness

Learning opportunities include:

- Linguistics
- Negotiation
- Observation

### Session 4: Perseverance

Learning opportunities include:

- Persistence
- Personal Value
- Social Psychology

### Sessions 5 and 6: Emotional Literacy

Learning opportunities include:

- Creativity, Curiosity, Knowledge
- Establishing Balance