NEUROHEADWAY
Neuroscience Into Education

Kindness Assessment – Test 1

- When someone insults you, do you (before you respond to the insult) call to mind how many times God has forgiven you, and then resolve to be just as forgiving?

- When you're not sure about another person's motives, do you assume that his motives are good until you have evidence otherwise?

- Do you make efforts to be reconciled with persons who have wronged you?

- Do you try to suppress those sarcastic remarks that leap into your mind?

- When others anger you, do you start praying for them immediately, before you find yourself brooding about how they've wronged you?