

CPD – Teacher Training

Neuroscience

Afterschool CPD - Sessions Overview

Through a series of educational and informative workshops, this course is designed to give an appreciation of how the subject of Neuroscience contributes more and more to everyday applications in the classroom and for teachers to gain an insight into a range of activities for pupils to engage with in furthering their mental, cognitive and emotional development.

Each session incorporates Role Play Activities, Power point Presentations, Key Vocabulary and Emotive Words exercises, on the subject of Neuroeducation, in addition to Reflection worksheets, Teacher Handouts and Evaluation Assessments.

Breakdown of Sessions for the Neuroscience Workshops:

Session 1: How Does The Brain Work?

Learning opportunities for Teachers include:

- Philosophy
- Realising Our Own Abilities
- Self-Awareness

Session 2: Mindfulness and Forgiveness

Learning opportunities for Teachers include:

- Psychological Wellbeing
- Human Behaviour
- Behavioural Wellness

Session 3: Human Behavior

Learning opportunities for Teachers include:

- Emotional Literacy
- Why Our Brain Ages
- Bullying
- Consciousness and Emotion

Session 4: Friendships and Happiness at School

Learning opportunities for Teachers include:

- Self Esteem
- Intelligence and Understanding
- Learning and Memory
- Stress Management

Session 5: Emotional Health and Wellbeing

Learning opportunities for Teachers include:

- Mental Health and Emotional Health
- Anxiety and Depression
- Loss and Trauma
- Individuality

Session 6: Cellular Neuroscience

Learning opportunities for Teachers include:

- Neurology
- Neuroscience
- Drug Addiction