

Educational Psychology

A person's childhood is often a very simple yet complicated time. It is also a very influential time in a person's life and children's childhoods will have a big impact on the type of adult they turn out to be later in life.

Educational psychology is a specialized branch of traditional psychology that focuses on children, mainly on their development and behavior. It is one of the most commonly studied types of psychology today.

This particular type of psychology typically covers every child, from birth to adolescence. Some areas covered under childhood psychology include: milestones, behavior problems, social skills, mental and emotional wellbeing and development.

Our work with children involves mental, emotional, or social challenges, including areas like: anxiety or shyness.

The study of child psychology is both wide and deep. The ultimate goal of this field is to study the many influences that combine and interact to help make children who they are and to use that information to improve parenting, education, child care, psychotherapy, and other areas focused on benefiting children.

Our workshops will look at the application of educational developmental psychology, such as: social issues, education and school issues and health, and the factors influencing the development of children's relationships.

Sessions Overview

Session 1: Social Context

Practical workshop session includes:

- Relationships with peers and adults
- How children think, learn and develop
- Families, schools and peer groups

Session 2: Cultural Context

Practical workshop session includes:

- Values, customs and shared assumptions
- Ways of living that influence development throughout the lifespan
- How types of culture play a role in how children relate to their parents, the type of education they receive and the type of childcare that is provided

Session 3: Socioeconomic context

Practical workshop session includes:

- Social classes
- Socioeconomic status (SES)
- Health care and quality nutrition

Session 4: Enriching social relationships and strong cultural ties

Practical workshop session includes:

- Behavioral and social – emotional development
- Mathematical thinking and reading comprehension
- Genetics

Session 5: Achievements

Practical workshop session includes:

- Language, literacy and reading
- Behavioural and social, emotional development
- Social growth
- Gender roles
- Cognitive development

Session 6: Child development and play

Practical workshop session includes:

- Cognitive, affective, social and biological aspects of learning and development
- Mental Health and Wellbeing
- Mindfulness and psychological wellbeing